

# Food Policy Council Agenda

2/5/2014

6:00-7:30pm -

**Margaret Morton Gov't Ctr – First Floor Conference Room C**

*If call in necessary due to inclement weather (605) 475-4333 passcode 968701*

- |      |  |                      |
|------|--|----------------------|
| 6:00 | Welcome and Introductions  | Kristin duBay Horton |
| 6:10 | Review of 1/15/14 meeting minutes  | Audrey Barr          |
| 6:15 | Planning for Food System Summit – Feb 10, 2013   | Maggie Reynolds      |
| 7:10 | Announcements and New Business   | Kristin duBay Horton |
| 7:20 | Plus Delta   | Christine Stafstrom  |
|      | <ul style="list-style-type: none"><li>• What worked and didn't work for this meeting</li><li>• Agenda for next meeting</li></ul> |                      |

## FOOD POLICY MEETING MINUTES 1/15/2014

Members in attendance: Kristin Dubay-Horton, Alanna Kabel, Fred Kaskowitz, Margot Reynolds, Christine Stafstrom Audrey Barr, and Esperina Baptista.

Public in attendance: Marie Desances, Michele McCabe, Frank Basler, and Veronica

The FPC started at 5:45 Kristin did the welcome and everyone introduced themselves.

Margot reviewed the past meeting minutes. Christine moved to approve them, and Alana Kabel seconded it. Vote was unanimous.

Frank Basler spoke about the “Community Hunger Meeting” stating that when it came to the category of “Entrepreneurship” not many people were interested on the topic. He gave us a list of people and the categories that they were interested in.

**Food Entrepreneurship** encourages buying local and going green for small business in the City of Bridgeport. Marilyn Moore was mentioned to be in charge of the Food Entrepreneurship.

**Food Waste**- This involves reducing and recapturing food. A few people were suggested including: Priutti K (from wholesome wave), Marie Desances, Nicole Williams, Monique Bosch, Iris Molina Food waste attracted many people. Someone suggested connecting with community plates in an attempt to reduce food waste.

**Increase Access to healthier Food** Nicole Williams, Melodie Megola , Leah (wholesome Wave), Fred Kaskowitz, Yolanda Stinson-Cooking Food reservation education, Christine Stafford , Marilyn Faber – Parish Nurse Program

Frank Basler spoke about the idea of the FPC having subgroups. Not many people went to the station of going green and buying local. Kristin agreed to take part in that conversation at the summit and to see if further interest could be garnered.

The group then discussed the Food Summit (planned for February 10<sup>th</sup>) and reviewed the invitation. Recommendations for changes to the invitation were made.

It was suggested that Maggie should open the meeting by both introducing the food policy council and engaging the group in some sort of straw poll on what role they play in the food system.

The group suggested that at least one member of the FPC serve as a facilitator in the small group meetings to ensure that both the panels presented and that the groups answered the two core questions and that these were written down (flip charts) and brought back for presentation to the full group: It was requested that Frank aid in developing some sort of facilitator guide for the next FPC meeting and volunteers were taken for the four groups. The questions each small group must respond to and report back on are:

- How do we work together to make the healthy choice the easy choice?
- What can the food policy council do to support those efforts?

Meeting adjourned at 7:35pm.

## Small Group Work at Summit

1. Lessons learned from implementing farmer's markets – how can we work better together? What happens when farmer's markets are expensive? How to break the cost barrier and build sustainable retail models? (Facilitator: Leah, Christine, Maggie)
  - a. Leah Johnson (Wholesome Wave)✓
  - b. Michele McCabe & Marie Desances (analysis of Bport farmers markets last year)✓
  - c. Farmer (Nelson Ciccarelli)✓
  - d. Monique Bosch - GVI (on their urban garden near TG) ✓
2. Reduction and recapture of Food Waste in Bridgeport (facilitators: Tina, Maggie, Audrey)
  - a. Nick from Galaxy Diner & Albertina Baptista on new city policy related to food donation✓
  - b. Karen Travali (Bpt hospital) ✓ but new name
  - c. Chris Timbrell on Food Digester and how it will be rolled out ✓
3. Buying Local and Going Green– how can small businesses feature local produce and what are the benefits (Facilitators: Kristin, Esperina)
  - a. Christopher Molyneux (Trumbull Marriott Farm to Fork Dinners)✓
  - b. Aquaculture School (Lea Catherman)✓
  - c. Nancy from BuyCtGrown.org (10% local initiative in CT) ✓
  - d. Patti Papp (Sport Hill Farm)
4. Community Gardens (facilitators: Christina, Alanna)
  - a. Christina B Smith – new city policy on community gardens
  - b. Bob Halstead – community garden group
  - c. Barbara Kelly- Urban Roots
  - d. (TBD)Pivot Ministries - operates greenhouses on East End
  - e. United Congregational Church (has garden in their parking lot)

Kristin announced the start of the healthy corner store initiative and the group suggested that they develop a subcommittee of the FPC and the NRZ to work together on that issue. The two new stores are being given refrigeration units, technical assistance to offer healthier foods. The subcommittee will look at models from other locales and report back to FPC on how to set up here in Bridgeport. This pilot will focus on Bridgeport's East End – the longest standing food desert in the state.

FPC members decided to move their next meeting to the 5<sup>th</sup> of February so it could occur before the Food System Summit. Unanimous.

The Food Policy Meeting adjourned at 6:57 P.M. The next FPC meeting was moved to February 5<sup>th</sup>, 2014 at 6:00- 7:00 P.M.

**Food System Summit** Detailed Agenda for FPC Members  
February 10<sup>th</sup>, 2014

9am Welcome and Group activity (dots on nametags for Food System Role)

9:15am Food Access and Obesity in Bridgeport & the work of the Food Policy Council (Maggie)  
What role(s) do we each play in the food system? Introduce Food Policy Council.

9:30am Break

10:45am Small group sessions to answer the questions around core topic areas:

- How do we work together to make the healthy choice the easy choice?
- What can the food policy council do to support those efforts?
- Lessons learned from implementing farmer's markets – how can we work better together? What happens when farmer's markets are expensive? How to break the cost barrier and build sustainable retail models?
  - Leah Johnson (Wholesome Wave)✓
  - Michele McCabe & Marie Desances (analysis of Bport farmers markets last year)✓
  - Farmer (Nelson Ciccarelli)✓
  - Monique Bosch - GVI (on their urban garden near TG) ✓
- Reduction and recapture of Food Waste in Bridgeport
  - Nick from Galaxy Diner & Albertina Baptista on new city policy related to food donation✓
  - Karen Travali (Bpt hospital) ✓ but new name
  - Chris Timbrell on Food Digester and how it will be rolled out ✓
- Buying Local and Going Green– how can small businesses feature local produce and what are the benefits
  - Christopher Molyneux (Trumbull Marriott Farm to Fork Dinners)✓
  - Aquaculture School (Lea Catherman)✓
  - Nancy from BuyCtGrown.org (10% local initiative in CT) ✓
  - Patti Papp (Sport Hill Farm)
- Community Gardens
  - Christina B Smith – new city policy on community gardens
  - Barbara Kelly- Urban Roots
  - (TBD)Pivot Ministries - operates greenhouses on East End ✓
  - Eleanor McCormick - United Congregational Church (garden in their parking lot)

10:45am BREAK

11am Mayor's Statement on Food Policy Council Work

11:15am Recommendations from small groups for Food Policy Council

11:45 Lunch and Keynote Address – Tagan Engel✓ – City Seed – Lessons Learned from a sister city  
*Lunch to be prepared by Bullard Havens using local foods – soup, sandwiches, salads.*

12:30 Plus Delta – what worked well and didn't work well – final recommendations for the FPC

1:00 Adjourn

## Draft Facilitator Guide for Food Summit

*1 hr sessions. Each session will have a facilitator and a note-taker assigned. Facilitator will open the session with a few sentences about objectives and intended outcomes for the session, and guidelines for how the session will be structured:*

**Objectives:** through discussion with panelists and audience, use the guiding question of "How do we make the healthy, local choice the easy choice for all parts of the Bridgeport Food System?" in order to:

- share/celebrate the good things that are already happening in Bridgeport within this topic;
- identify barriers/challenges to achieving this goal;
- identify opportunities that we could work toward together under this goal.

**Outcomes:** Prepare recommendations along these lines to the FPC, answering the question "What can the FPC do to support this effort?" during the report back section of the day.

### **Structure:**

- Panelists will be asked to give a brief intro about their work as it relates to this topic. *10 minutes total – 3 minutes per panelist?*
- Facilitator poses questions to the audience and panelists in order to achieve the objectives stated, with space for open discussion (with the facilitator bringing it back if it goes off topic). *30 minutes?* Sample questions:
  - Let's start with what is working. I'd like to ask both the panel and members of the group to share some of the good things that are already happening in Bridgeport... {related to this topic}
  - What are some of the barriers or challenges you see?
  - Let's talk about opportunities we could work toward together. Let's brainstorm as many as we can in the next 5 minutes. Remember the rules of brainstorming? -- no discussion; build on each other's ideas; don't stop yourself from saying anything that comes to mind. Here's the question: What opportunities do you see? How could we possibly work together? On your mark, get set, GO!
- Spend time at the end drafting recommendations and preparing to give a report. *20 minutes* E.g.:
  - Let's put together some recommendations for the Food Policy Council. [You could give everyone 3-4 dots and have them go to the charts taped to the wall to indicate ideas they would like the group to discuss in order to form recommendations.]
  - Who has something you would like to recommend that the Food Policy Council do to support this effort? [At the end...]
  - Who would like to make the report?

## Food System Summit Attendees

Name	Last Name	E-mail
Brianna	Trudell	Briana Trudell [trudell.bri@gmail.com]
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Nelson	Ciccarelli	
Chris	Timbrell	
Chris	Molyneux	
Sieu	Yunh	<a href="mailto:Sieu.yunh@ct.gov">Sieu.yunh@ct.gov</a>
Nancy	From CT Grown Pivot Ministries	