



Greater Bridgeport Senior Community Café

Eisenhower Café 203-330-4541

February, 2016



1% or Skim milk provided
Margarine available

MENU ITEMS SUBJECT TO CHANGE

SUGGESTED DONATION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Hearty Vegetable Soup Unsalted Crackers Meatloaf Mushroom Gravy Whipped Potatoes Buttered Beets</p> <p>Multigrain Bread Tropical Fruit</p>	<p>2</p> <p>Orange Juice Apricot Glazed Grilled Chicken Breast Stuffing California Blend Veggies</p> <p>Rye Bread Birthday Cake</p>	<p>3</p> <p>Spaghetti with Meatballs Parmesan Cheese Garden Salad Italian Dressing</p> <p>Garlic Bread Pineapple Chunks</p>	<p>4</p> <p>Cranberry Juice LS Sliced Ham Mustard Glaze Sweet Potatoes Cauliflower and Red Pepper</p> <p>Wheat Bread Fresh Apple</p>	<p>5</p> <p>Pineapple Juice Sliced Turkey Turkey Gravy Brown Rice Chuckwagon Veggies</p> <p>Pumpnickel Bread Apricots</p>
<p>8</p> <p>Roast Beef Beef Gravy Baked Potato Peas</p> <p>Potato Bread</p> <p>Mixed Fruit Cup</p>	<p>9</p> <p>Cranberry Juice Egg and Pepper Bake Tater Tots Broccoli</p> <p>100% Whole Wheat Peaches</p>	<p>10</p> <p>Mushroom Barley Soup Unsalted Crackers Baked Fish Lemon Pepper Sauce Rice Pilaf Steamed Broccoli Oatmeal Bread</p> <p>Ice Cream Cup</p>	<p>11</p> <p>Grape Juice Turkey Noodle Casserole Peas</p> <p>100% Whole Wheat Pears</p>	<p>12</p> <p>Apple Juice Stuffed Shells Marinara Sauce Spinach</p>  <p>Pumpnickel Bread</p> <p>Valentine's Dessert</p>
<p>President's Day 15 Closed</p> 	<p>16</p> <p>Grape Juice Cranberry Glazed Grilled Chicken Breast Couscous Winter Blend Veggies</p> <p>Dinner Roll Oatmeal Crème Pie</p>	<p>17</p> <p>Open Faced Turkey Sandwich with Gravy Stuffing Green and Gold Beans Cranberry Sauce</p> <p>12 Grain Bread Fresh Orange</p>	<p>18</p> <p>Orange Juice Eggplant Parmesan Meat Sauce Ziti Italian Blend Veggies</p> <p>Italian Bread Apricots</p>	<p>19</p> <p>Cranberry Juice White Fish Fillet Dill Sauce Harvest Rice Carrot Coins</p> <p>Rye bread Pears</p>
<p>22</p> <p>Apple Juice Beef Stew Diced Potatoes Broccoli</p> <p>Biscuit Oatmeal Raisin Cookies</p>	<p>23</p> <p>Baked Grilled Chicken with Orange Ginger Sauce Fried Rice Spinach</p> <p>Italian Bread Tropical Fruit Cup</p>	<p>24</p> <p>Orange Juice Cheeseburger Potato Salad Hot, Buttered Beets Ketchup</p> <p>Hamburger Bun Rice Pudding</p>	<p>25</p> <p>Sliced Pork with Apple Cranberry Glaze Apple Cranberry Sauce Herbed Couscous Carrots</p> <p>100% Whole Wheat Cinnamon Applesauce</p>	<p>26</p> <p>N. E. Clam Chowder Unsalted Crackers Cheese Lasagna Geneva Blend Veggies</p> <p>Garlic Bread Citrus Sections</p>
<p>29</p> <p>Chicken Patty Steak Fries Broccoli Florets Lettuce and Tomato Ketchup</p> <p>Hamburger Bun Pineapple Chunks</p>	 			