CDC's Response to **Zika**

Zika and Sex: Information for Pregnant Women Living in Areas with Zika

What we know

- Zika virus can be spread by a man with Zika to his sex partners.
- In known cases of sexual transmission, the men had Zika symptoms. From these cases, we know the virus can be spread when the man has symptoms, before symptoms start and after symptoms end.
- The virus stays in semen longer than in blood.

What we don't know

- How long Zika virus can stay in the semen of infected men or spread though sex.
- If men infected with Zika who never develop symptoms can have Zika virus in their semen or spread Zika through sex.
- If a woman can spread Zika virus to her sex partners.

What you should know about Zika and sex

Because Zika can cause certain birth defects,
take steps to prevent infection during your pregnancy.

If you have vaginal, anal, or oral sex (mouth-to-penis), use a condom from start to finish, every time you have sex during the pregnancy.

OR

Don't have sex during your pregnancy.

If you think your male partner may have or had Zika, tell your doctor or healthcare provider

- If he has taken steps to prevent mosquito bites.
- If you had sex without a condom.

www.cdc.gov/zika

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