April 2026

East Side Senior Center
268 Putnam Street
Bridgeport, CT 06608
203-332-4217
Monday - Friday
8AM - 3PM

April Showers Bring May Flowers!

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Activities 8:00am-3:00pm: -Billiards (Pool) and Dominoes -Bingo: 1:00pm-3:00pm		1 9:30AM-10AM Women Poem with Emma 11AM-12PM Art w/Rene	2 10AM-11AM Music in Motion 11:15AM -12:30PM Swim at the YMCA	3 GOOD FRIDAY CENTER IS CLOSED
6 10AM-12PM Art with Rebecah	7 10AM - 11AM Guitar with Jose	8 10AM-11AM Palliative Care with CT Hospice 11AM-12PM Art Rene	9 10AM -11AM Music in Motion 11:15AM -12:30PM Swim at the YMCA **Bingo Bash** **Eisenhower Center!**	10 10AM-11AM Chat with Luz Mora 11AM-12PM Sewing with Margarita 1:30PM-2:30PM Congas with Sam **Casino Trip Payment is Due Today**
13 11AM-12PM Sewing with Margarita	14 10AM - 11AM Guitar with Jose **Alzheimer's Walk Press Conference**	15 10AM - 11AM Tai Chi 11AM-12PM Art w/ Rene	16 10AM-11AM Music in Motion 11:15AM -12:30PM Swim at the YMCA	17 10AM - 11AM Tai Chi 11AM-12PM Sewing with Margarita 1:30PM-2:30PM Congas with Sam
20 10AM-12PM Art with Rebecah 11AM-12PM Sewing with Margarita	21 10AM - 11AM Guitar with Jose 10AM - 2PM Blood Pressure Screening	22 10AM-11AM Palliative Care with CT Hospice 11AM-12PM Art w/Rene	23 10AM-11AM Music in Motion 11:15AM -12:30PM Swim at the YMCA	24 11AM-12PM Sewing with Margarita 1:30PM-2:30PM Congas with Sam
27 10AM-12PM Art with Rebecah 11AM-12PM Sewing with Margarita	28 10AM - 11AM Guitar with Jose	29 10AM - 11AM Tai Chi 11AM-12PM Art w/ Rene	30 11:15AM -12:30PM Swim at the YMCA	1 **Casino Trip is Tomorrow, May 2nd.** Bus departs from 45 Lyon Terrace at 2:30 pm. **$38.00 per person due April 10th**
4 **National Volunteer Week 2026** **April 19 to April 25**	**APRIL BIRTHDAYS** **2 Ortencia Gutierrez** **7 Mary Sutton** **11 Luz Martinez** **12 Maria Montalvo** **27 Diana Castorena**		Let's Go Fly A Kite! Be on the alert for warm and breezy weather so we can go	